

Colourful Cushions



SUMMER PROJECT DETAILED INSTRUCTIONS



WHAT YOU'LL NEED:

- Janome Sewing Machine
- Janome Purple Tip Needles #14
- Standard Zig Zag Foot (A)
- ¼ Inch Seam Foot (O)
- 1 Step Buttonhole Foot (R)
- Button Sewing Foot (T)
- Empty Janome Bobbin
- Cutting Mat
- Rotary Cutter
- 24" Ruler or Similar Length
- Scissors or Thread Snips
- Seam Ripper
- Iron & Ironing Board

FABRICS & NOTIONS

These fabric amounts should allow for making 2 cushions.

- ½ metre feature fabric for cushion centre
- 1 x fat quarter of plain or contrast fabric for framing feature fabric
- 1 metre of plain or contrast fabric for framing & cushion back
- ½ metre of contrast fabric for cushion front outer border
- 3 buttons for cushion back
- Sewing thread to suit fabric – 100m reel
- Flower head pins or quilting pins
- Chalk pen
- Tape measure
- 16 inch cushion insert
- Optional: craft buttons to embellish
- Optional: iron-on interfacing if fabric requires body – ½ metre is ample

CUTTING INSTRUCTIONS

- Feature fabric: 1 x 12½ inch square
- Fat quarter: 2 x 2½ inch strips of fabric width
- Contrast fabric & cushion back: 2 x 1½ inch strips of fabric width + 2 x 17 inch x 12 inch blocks
- Outer border fabric: 2 x 3 inch strips of fabric width

INSTRUCTIONS

STEP 1

Wind the bobbin with the sewing thread.

STEP 2

Thread the machine & attach the ¼ inch seam foot.

STEP 3

Select the piecing stitch on your machine. If your machine has no pre-set piecing stitch then select straight stitch. Set the stitch length to 1.8mm and stitch width to 3.5mm for 7mm machines.

STEP 4

Fold 2 x 2½ inch strips in half, length ways with right side facing out. Press. You should now have a 1½ inch folded strip.

STEP 5

Do the same with the 2 x 1½ inch strips & press them.

STEP 6

Press the feature fabric.

STEP 7

Take the feature fabric and the pressed 2½ inch strip. Place the raw edges together on one side of the feature fabric; the fold of the strip is to be sitting on the feature fabric. Pin as required.

STEP 8

Stitch a scant ¼ inch seam (meaning move your needle position further to the right using the stitch width button. Original stitch width is 3.5mm change to 3mm. Please check that the needle will clear the foot.)

STEP 9

Trim the excess strip, then attach it to the opposite side of the feature fabric with a scant ¼ inch seam and trim off excess.

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STEP 10

Next stitch the strip to the other 2 sides of the feature fabric. Trim off excess and press.

STEP 11

Now attach the 1½ inch strip which is the second fabric to frame the feature fabric. The first side to attach is the last one sewn with the previous fabric.

STEP 12

Trim off excess and press. Your feature fabric should have 2 frames around it.

STEP 13

Adjust ¼ inch seam stitch on your machine back to the original width setting of 3.5mm.

STEP 14

Attach the outer border 3 inch strips in the same manner as above. Trimming excess and pressing.

STEP 15

If you wish to embellish with craft buttons, do so now.

STEP 16

Cushion back – press the 2 x 17 inch x12 inch fabric pieces.

STEP 17

On the long side, press a 2 inch hem with wrong sides together. Do this to both pieces.

STEP 18

Press the raw edge of the 2 inch seam under a ¼ inch. At this time if you feel your fabric and if it needs iron-on interfacing, iron a 1¾ inch strip to the inside of the pressed 2 inch seam. Make sure the interfacing is butted up to the fold in the 2 inch hem, you should have ¼ inch free to press under the raw edge.

STEP 19

Using a straight stitch or a triple straight stitch with 5mm stitch length, top stitch through all layers as if you were stitching a hem.

STEP 20

Now using the same stitch, top stitch a ¼ inch in from the fabric fold.

STEP 21

Press both pieces.

STEP 22

To mark your buttonhole placement, fold in half and mark using the chalk pen. Measure 3½ inch either side of the centre mark and also mark with chalk pen.

STEP 23

Place your button into the 1 step buttonhole foot and attach it to your machine.

STEP 24

Sew 3 buttonholes on the marked areas of your cushion back.

STEP 25

Open the sewn buttonholes using the seam ripper.

STEP 26

Place this fabric piece on the second cushion back piece and using the chalk pen, mark the location of the buttons.

STEP 27

Attach the Button Sewing Foot (T) on your machine, select the button sewing stitch. If you do not have this stitch your machine settings are Stitch: Zig Zag, Stitch Length 0, Stitch Width 3.5, drop feed.

STEP 28

Stitch on your buttons. The needle usually starts on the left and swings to the right. To ensure you have lined up the button correctly, turn the machine over by hand for a couple of movements than engage the foot control. To lock off the button stitching, press the lock off button and wait for the machine to lock off.

STEP 29

Button the back fabric together and press.

STEP 30

Now with the cushion front right side up, lay the cushion back on top right side down. Pin together, then trim off any excess fabric, or just neaten the edges.

STEP 31

Attach the ¼ inch seam foot to the machine and stitch around all 4 sides.

STEP 32

Turn right side out; make sure the corners are turned out. Press well.

STEP 33

Attach the standard zig zag foot 'A' to your machine.

STEP 34

Select a straight stitch and change the length to 4. If you have bridging stitches on your machine select triple straight stitch, Length 4.

STEP 35

Stitch around your cushion cover, 1/2 inch in from the edge, creating a small flange.

STEP 36

Press one last time.

STEP 37

Insert the cushion insert.

**CONGRATULATIONS AND
ENJOY YOUR CUSHION!**

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